



Pocket Guide to Crystals and Gemstones

By Sirona Knight

Crossing Press, U.S. Paperback. Book Condition: new. BRAND NEW, Pocket Guide to Crystals and Gemstones, Sirona Knight, Crystals and gems are used by people worldwide for adornment, healing and spiritual practice. This pocket guide provides a comprehensive overview, covering their historical use, their presence in legend, theories of how they work their powers, and the healing and spiritual properties of fifty stones. You also learn how to look after them, and clean, clear, amplify, and programme crystals and gems for specific esoteric, healing, ritual and spiritual uses.



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