



## Chocolate for a Teen's Soul : Life Changing Stories for Young Women about Growing Wise and Growing Strong

By Allenbaugh, Kay

Fireside, 2000. Soft Cover. Book Condition: New. For all those times when a young woman feels alone, isolated, or happily curious, *Chocolate for a Young Woman's Soul* is the ideal companion. First love, first jobs, and the fears, frustrations, and joys of finding a place in the "real world" are just some of the topics explored. This uplifting collection of more than 50 inspirational, true stories for young women offers tales of despair, heartbreak, endurance, and hope that face young woman across the country. Half of the contributors are members of the younger generation themselves -- junior-high, high-school, and college-age writers -- offering a real-life perspective that readers will relate to.



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